

Trauma-Focused

Cognitive Behavioral Therapy Training



Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) is a research based intervention model developed by Cohen, Mannarino, and Deblinger for children aged 3-18 who are experiencing significant emotional and behavioral difficulties related to traumatic life events. TF-CBT has proven to be effective in improving PTSD symptoms, depression, anxiety, externalizing behaviors, feelings of shame, and mistrust. Therapists who attend this training will learn to identify appropriate cases for TF-CBT and will learn to deliver the treatment components in a way that is faithful to the model but allows for flexibility and creativity.

This training is available to WV therapists who are not currently TF-CBT certified, and:

- 1. Is currently or willing to providing mental health services on site at schools/Child Advocacy Centers
- 2. Has a Master's degree and is license eligible in psychology, counseling or social work.
- 3. Committed to participating with the Handle with Care Program

Program Requirements:

Over the course of a year, participants in this training must:

- Complete 10 hour TF-CBT webinar before the initial 2-day training- \$35 fee
- Attend initial TF-CBT Virtual Workshop \$75 fee
- Complete 9 follow-up supervisory consultation calls with the trainer: \$75 fee

Fee for Virtual Training & 9 Supervisory Meetings: \$150.00 per person

3-Day Virtual Workshop Schedule: April 19th: 1:00 PM-4:00 PM April 20th: 8:30 AM- 12:30 PM April 21st: 8:30 AM- 12:30 PM

2-Day In-person Workshop Schedule: July 20th: 10:00 AM – 5:00 PM July 21st: 9:00 AM – 4:00 PM

Registration Fee \$150.00 – REGISTER ONLINE @ https://form.jotform.com/210885860190156

Sponsored by WV Center for Children's Justice and Harmony Mental Health, Inc.

Trauma-Focused Cognitive Behavioral Therapy Training Academy

Prerequisites: Master's degree in the mental health field or student intern in an accredited graduate program.

Name:	
Personal Address:	
Personal Phone:	Personal Email:
Title:	Discipline:
License:	County:
Organization:	
Work Address:	
Work Phone:	Work Email:
PARTICIPANT AGREEMENT	
This training is being provided at significantly low cost to participants to ensure there are TF-CBT trained providers to serve children in West Virginia. Therefore, we ask participants for a serious commitment to complete the full training academy and implement the TF-CBT model with child clients in their service areas. Participant names will be added to databased of trained therapists.	
Barring any extenuating circumstances, I agree to participate in this training according to the expectations outlined in the program requirements.	

Prior to the training, please go to <u>www.musc.edu/tfcbt2</u> and complete the 10 hour webinar.

mail to:

Email: contact@harmonymh.org

Mail: Harmony Mental Health, Inc.

PO Box 363 Parkersburg, WV 26102

Make Check Payable to: Harmony Mental Health, Inc.